

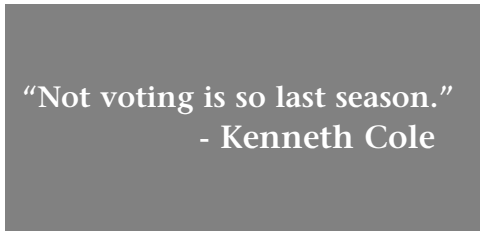


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Help us save money! Please call or email us if you have moved and give us your new address. Also, please contact us if you would like to be removed from the mailing list.



# Join Us to Help Women Succeed Everyday!

## Personal Membership

Personal memberships start at \$35 per year.  
As a member, you will receive:

- invitations to member-only events
- discounts for fee-based activities

## Business Membership

Business Memberships start at \$250 a year.  
Business members enjoy the benefits of a personal CFW membership with some decidedly businesslike promotions:

- listing and link on our website
- listing in our quarterly newsletters
- recognition in promotional programs for CFW events
- a profile in an e-Newsletter.

All contributions are tax-deductible.  
Memberships are valid for one year.

You can join online at [www.c4women.org](http://www.c4women.org).

Yes, I want to become a member of the Center for Women!

- |   |   |
|---|---|
| Personal Membership                               | BusinessMembership  |
| <input type="checkbox"/> \$1,000 Premier Investor | <input type="checkbox"/> \$1000 Premiere Corporate Investor |
| <input type="checkbox"/> \$500 Benefactor         | <input type="checkbox"/> \$500 Corporate Benefactor         |
| <input type="checkbox"/> \$100 Sustainer          | <input type="checkbox"/> \$250 Business Patron              |
| <input type="checkbox"/> \$ 35 Supporter          |   |

First Name \_\_\_\_\_

Last Name \_\_\_\_\_

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

email \_\_\_\_\_

\*Business website \_\_\_\_\_

Payment Method  Check enclosed  VISA  MasterCard

Card # \_\_\_\_\_

Expiration Date \_\_\_\_\_ 3-Digit Security Code \_\_\_\_\_

Your Signature \_\_\_\_\_



## First "Women of Influence" Meeting



copyright Sara Dwyer

Kathleen Kennedy Townsend (center) with sponsors of the first "Women of Influence" evening on Thursday, June 19th at the Francis Marion Hotel. (Left to Right) Linda Plunkett, Esther Ferguson, Doretha Walker, Anne Frances Bleecker, Kathleen Kennedy Townsend, Susan Romaine, Karen Siegel, Alison Standard, Ann Gregorie Kulze, MD. Not pictured, Nikki Hardin, SKIRT! Magazine, Charlene Harris, Harriet Rigney.

# Center for Women Expands Programming to Summerville and East Cooper



Family Circle Tennis Center Building on Daniel Island



Beginning September 2008, The Center for Women will present monthly programs in Summerville and East Cooper. More women will now have access to the practical and informative programs presented by the Center for Women. Summerville programs will be held at the Greater Summerville Dorchester Chamber of Commerce and Visitor Center. East Cooper programs will be held at the Tennis Center Building near the Family Circle Cup stadium on Daniel Island.

Jennet Robinson Alterman, Executive Director, remarked, "We are very excited to be reaching out geographically into our community and bringing our outstanding programs for women to Summerville and the East Cooper area. In these times of high gas prices, long commutes and myriad of family obligations, we want to make it easier for women to access the programs and events that will enhance their personal and professional lives."

The Center for Women plans on bringing some its most popular and well-attended programs to Summerville and East Cooper. Some programs will be targeted to small business owners and entrepreneurs while other talks and panel discussions will focus on lifestyle and personal development. Please see page 4 for Summerville and East Cooper program details.

## Board of Directors

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Debra Turner



Center for Women staff at the 2008 "It's in the Bag" Purse Silent Auction and Reception on April 24th at The City Gallery at Waterfront Park. Left to Right: Amanda Bunting Comen, Jennet Robinson Alterman, Kala Septor, Ginger Rosenberg, Mary Mallette and Leigh Ann Garrett

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## Staff

Jennet Robinson Alterman

*Executive Director*

Amanda Bunting Comen

*Program Coordinator*

Leigh Ann S. Garrett

*Events Coordinator*

Mary Mallette

*Finance Coordinator*

Ginger Rosenberg

*Marketing Coordinator*

Faye Slater, M.A., L.P.C.

*Counselor*

*The CFW is privileged to have been the recipient of*

*... the 2008 Family Circle Cup's "Charity of Choice" for a 3rd year in a row!*

*...a 2007 capital grant from the Spaulding Paolozzi Foundation that enabled us to purchase our current location*

*... a \$25,000 grant from the Oprah's Angel Network in 2006*

*... the 2005 Excellence in Non-profit Management Award from the South Carolina Association of Non-profit Organizations.*

## A NOTE FROM JENNET

Congress just passed the Paycheck Fairness Act which puts more teeth into being able to fight pay discrimination on the basis of gender. It covers a range of actions women can take to address a pay inequity, but interestingly, it also requires the Secretary of Labor, Elaine Chao, to provide training for women and girls in how to negotiate for salary. Women are 8 times less likely to negotiate their starting salaries than men. If a woman with a starting salary of \$25,000 fails to negotiate for \$5,000 more a year, she stands to lose more than \$568,000 by age 60.

Through choice, custom and socialization, women are concentrated in a small number of occupations. Studies have shown that the more an occupation is dominated by women, the less it pays. (Yet even in the same jobs, women earn less. A 2004 Census report of the 20 highest-paid and the 20 lowest-paid jobs found women earning less in each of them, from doctors to dishwashers.)

In S.C. white women earn 70 cents on the male dollar. African American woman earned just 64 cents for every dollar earned by a white man, while a Hispanic woman earns only 52 cents on the dollar compared to her white male counterpart.

Our mission is to help women succeed by promoting pay equity and at the same time, giving women the skills they need to negotiate their salaries. Salary equity is, and will continue to be, a priority for the Center for Women.

*Jennet*

The Center for Women is a 501(c)3 non-profit organization whose mission is to make personal and professional success an everyday occurrence for women in the South Carolina Lowcountry.



The Entrepreneurial Woman Series offers practical seminars and networking opportunities for women starting or running their own business.

*Tuesdays 6:00 - 7:30 pm  
at The Center for Women  
129 Cannon Street*

*Free evening parking at 30 Bee St.*

Advance Registration Requested:  
\$20 CFW Members/\$25 Non-Members

**Sales Strategies**

*Abby Simon, Skirt! Magazine*

*Bernard Moscovitz, The Alternative Board*

*Tuesday, September 23*

**Are You Ready  
To Start A Business?**

*Mary Dickerson,*

*SC Women's Business Center*

*Tuesday, October 21*

CORPORATE SPONSOR:



BUSINESS SPONSOR:

**CATHRYN CATO**  
LEGACY WEALTH MANAGEMENT

MEDIA SPONSOR:



**Special "Speed" Networking  
Event and Talk by Terry Haas**  
*from HGTV's "Designed to Sell"*

*Monday, November 17  
6:00pm to 8:00pm*

Registration \$10 CFW Members;  
\$15 Non-members

SPONSORED BY: THE ALTERNATIVE BOARD



**Brown Bag  
Lunch  
Series**

Thursdays at Noon. FREE.  
Information on topics affecting  
your emotional, physical and financial  
health. For women of all ages.

**Refresh Your Professional Image**

*Angie Mizzell, Angie Mizzell Life Design*

*Shauna Mackenzie Heathman,  
Mackenzie Image Consulting*

*Thursday, September 4*

**Planning a Dream Wedding**

*Tara Guérard, Soirée Charleston*

*and Author of "Southern Weddings:  
New Looks from the Old South"*

*Thursday, September 18*

**Protecting and  
Repairing Your Credit**

*Kim Held, Tideland Bank*

*Andrea Davis, First Federal*

*Thursday, October 9*

**Teaching Your Kids About Money**

*David L. Cole, Mass Mutual*

*Debbie Kidd, Family Services*

*Thursday, October 16*

**Working from Home:  
How We Do It**

*L. Jaye Bell, Blu Lake Studios*

*Leah England, Lowcountry Dog*

*Alta Gonzalez, Lunasdream*

*Thursday, November 6*

**Why Quit Smoking?**

*John R. Polito, Nicotine Cessation Educator*

*Thursday, November 20*

CORPORATE SPONSOR:



MEDIA SPONSOR:



the little black book  
for every busy woman



You Can Do It! Learn something new and  
feel fulfilled and empowered.

**Create More Time for Fun- Busy  
Women Get Organized Here!**

*with Stacey Crew*

*Author of "The Get Organized Guide  
for Busy Women"*

*Wednesday, September 17 6 - 8pm*

Advance Registration Suggested:  
\$20 CFW members; \$25 non-members

**How To Manage Your Money  
When the Economy Is Bad**

*Cathryn Cato*

*Legacy Wealth Management*

*Wednesday, October 15 6 - 8pm*

Advance Registration Suggested:  
Free of charge

**Blogging for Beginners**

*Lyn Mettler, Step Ahead Web Strategies*

*Wednesday, November 19 6 - 8pm*

Advance Registration Suggested  
\$20 CFW Members/\$25 Non-Members

SPONSORS:



**Slow Flow "Vinyasa" Yoga  
for Beginners**

*with Margaret Seidler*

Join this small, 6-week group and learn  
about yoga as a way to create greater  
health, mental awareness and balance.

*Tuesdays, September 23 through  
November 4*

*Noon to 1:00pm*

**\$50 CFW Members only**

## Legal Clinics

Attorneys from the SC Bar Pro Bono Program discuss your rights and options.

No charge. Please register to reserve a seat.

### Family Law

Child custody & support; divorce; adoption; common law marriage

Tuesday, September 9 5:30 - 7:30pm

### Workers Comp

SC rules & regulations on work-related injuries or death

Tuesday, October 28 5:30 - 7:30pm

### End of Life Issues

Living wills; healthcare power of attorney; estate planning; palliative & hospice care

Tuesday, Nov. 18 5:30 - 7:30pm

## Counseling

Our counselors meet one-on-one to develop problem solving strategies.

Fees are based on a sliding scale and range from \$15 to \$65.

Call to schedule an appointment.

## Support Groups

Women share and learn from one another. Our 7-week Support Groups are facilitated by licensed counselors.

Registration required:  
\$35 CFW members; \$45 non-members

### Separation and Divorce Art Therapy

facilitated by:

Charlotte Crosland, ATR-BC, CACI and  
Alyssa Millard, MAAT, BA, BS

Mondays, October 6 through Nov. 17  
5:30pm to 7:00pm

### Parenting Teenagers

facilitated by:

Sue Shankle, MSW, LISW-CP

Wednesdays, Oct. 8 through Nov. 19  
Noon to 1:30pm

### Coping with Chronic Illness

facilitated by Mary Beth Alvarez, MD

Fridays, October 10 through Nov. 21  
1:00pm to 2:00pm

## New this Fall - Programs East of the Cooper and in Summerville!

### East Cooper Events

#### Career Transitions

with Erin Scheffer

What job is best for you and affirms your core values? Learn about different facets of career growth from job search tips to resume writing.

Monday, September 8  
5:30 - 7pm

SPONSORED BY:

**Ramsdale Law Firm**

#### Organization Starts from Within

Sean Johnson, Organized Bliss

Get control! Learn a few simple steps you can take to create a calmer, more streamlined life.

Tuesday, October 14  
11:30am - 1pm

SPONSORED BY:

**Morris Financial Concepts Inc.**

#### Location:

Family Circle Tennis Center  
(next to the stadium)

161 Seven Farms Drive, Daniel Island,  
Board Room 2nd floor

Advance Registration Requested:  
\$10 CFW members; \$15 Non-members

Light refreshments will be served courtesy of  
**Dish & Design Catering & Events**

*"Thank you! I've been meaning to join the center for a couple of years, and now I see what I've been missing. This morning's workshop was one of the best things I've ever done for myself."*



### Summerville Events

#### 5 Foods that Dr. Ann Eats and Why You Should Too

Ann Gregorie Kulze, MD

Noted local nutritionist, wellness expert and author talks about healthy eating. Tips to keep you and your family healthy for a lifetime. Visit [www.dranns10steps.com](http://www.dranns10steps.com).

Tuesday, September 16  
11:30am - 1pm

#### Marketing and Branding Your Business

Shari Schleis, Splash Marketing  
Shari Stauch, Shark Marketing

How to create a brand for your product or service and market it successfully - Small business owners and entrepreneurs won't want to miss this session! Learn from two Summerville residents and in-demand marketing experts.

Monday, October 20  
5:30pm - 7:30pm

SPONSORED BY:

**AllCare Living Services, Inc.**



#### Location:

Greater Summerville Chamber of  
Commerce and Visitor Center,  
402 North Main Street

Advance Registration Requested:  
\$10 CFW members; \$15 Non-members

Light refreshments will be served courtesy of  
**Dish & Design Catering & Events**

We want to hear from you! The Center for Women has a Blog to share stories about the women we meet and the issues they face. What concerns you today?

Link to our blog from our website's homepage [www.c4women.org](http://www.c4women.org) or go to <http://c4women.wordpress.com>.

## New Women Writers Forum to Start this Fall!

The Center for Women and the Lowcountry Initiative for the Literary Arts are excited to announce the formation of a monthly Women Writers Forum. Each month, recognized authors, book agents or publishers will present an informative and educational program on the art and business of writing. If you are an aspiring author, journalist, playwright or poet you will want to be a part of the Women Writers Forum.

Well-known, local novelist Josephine Humphreys will be the first speaker on Saturday, September 20. Josephine Humphreys studied creative writing with Reynolds Price at Duke University, and went on to attend Yale University and the University of Texas.

While Josephine Humphreys' first three novels are about contemporary Southern family life, her fourth, *Nowhere Else on Earth* (2000), is a departure in that it is an historical novel based on a true Civil War story. *Rich in Love* (1987), probably her best-known novel, was made into a 1993 film starring Albery Finney and Jill Clayburgh. Humphreys was the winner of the 1984 Hemingway Foundation/PEN Award, for *Dreams of Sleep* (1983), and the recipient of a Guggenheim Fellowship, the Lyndhurst Prize, and the American Academy of Arts and Letters Award in Literature.

### Women Writers Forum

Advanced registration requested:  
\$25 CFW Members; \$35 Non-members  
Coffee & pastries courtesy of **Blend**

#### Josephine Humphreys

Saturday, September 20  
10:00am to Noon

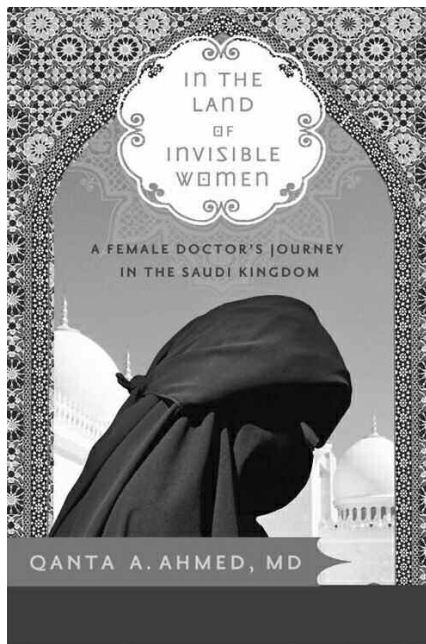
#### Panel Discussion: Understanding the Publishing World

Richard Ridley, *Book Surge*  
Susan Kameraad Campbell,  
*Juggling Board Press*  
Kelly Bowen, *Simon & Schuster*

Saturday, October 18  
10:00am to Noon

#### Nathalie Dupree & Marion Sullivan discuss "Cooking Up Cook Books"

Saturday, November 23  
10:00am to Noon



### Book Signing and Discussion with Quanta A. Ahmed, MD

Author of *In the Land of Invisible Women*

Thursday, September 11  
6:00pm

Admissions Information Center  
Robert Scott Library  
(Calhoun & St. Philip Streets)  
College of Charleston

*In the Land of Invisible Women* is the story of a western-trained Muslim female doctor (Ahmed) who spent two years working in the top hospital in Riyadh, Saudi Arabia. Her considerable intellect, burgeoning achievements and unique, multi-cultural perspective were tested and refined when she was invited to practice intensive care medicine in the Arab world.

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## 2nd Annual Lowcountry Women Authors Holiday Book Sale & Signing

Sunday, November 23  
2:00pm - 5:00pm

The Citadel Holliday Alumni House  
Hagood Ave across from stadium

\$10 Donation at Door



Over 30 local women authors, including high-profile names like Sue Monk Kidd and Mary Alice Monroe, will be on hand to sign their books for you. This event is a wonderful way to buy special holiday gifts and meet your favorite local author. There's plenty of free parking next to the Holliday Alumni House. Light refreshments provided and gift wrapping available. Presented in conjunction with **Barnes and Noble**, Mt. Pleasant.

MEDIA SPONSOR: **charleston magazine**  
www.charlestonmag.com

SPONSORED BY:  
**Only.SC**

**Arts and Leisure**

A Spot In Time Photography  
 The Broad Street Guest House  
 Charleston Acting Studio  
 Charleston Florist, Inc.  
 Cindy Cantore Photography  
 Center for Photography | Alterman Studios  
 Charleston Women Travel  
 Family Circle Cup  
 Susan Hauser Designs  
 JMC Charleston  
 Jane Pelland ~ The Natural World in Art & Illustration  
 Studio Romaine  
 Spiritline Cruises  
 Tiger Lily

**Business and Professional Services**

ASG Renaissance  
 Charles Foster Company  
 DAK Bookkeeping Service, L.L.C.  
 Dish and Design Catering  
 Fair Consulting, L.L.C.  
 N. Kaye Finch, Ph.D., ABPP, Licensed Clinical Psychologist  
 Growth Quest  
 GPA Professional Land Surveyors  
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 Orbital Engineering and Consulting  
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 Seidler and Associates  
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 Joan K. Ustin & Associates, LLC  
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LowCountry Kidsitters  
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We appreciate the support of these Business Members. Please show your support by doing business with them!

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 Planned Parenthood  
 SEAING GREEN Health and Eco Lifestyle Consultation  
 Synergy Health and Wellness  
 Total Package Wellness, L.L.C.  
 Viridian Day Spa  
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 Weight Watchers SC  
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 Titan Termite and Pest Control, Inc.  
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 Condon Law Firm, L.L.C.  
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 Cindy M. Floyd, Attorney at Law  
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 Byrd House Public Relations, L.L.C.  
 Rawle Murdy  
 Jamin Marlow Slone, Art Direction | Design  
 Sara Dwyer Design, LLC  
 Splash Marketing  
 Trio Solutions  
 Write-Communications | WomenCentric

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### More Business Members!

#### Publications

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The Little Black Book for every busy woman  
Skirt Magazine

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Realtor Tammy Kanapaux  
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Croghan's Jewel Box  
Image Merchants  
In The Bag  
Iridium  
Plum Elements  
Pompei  
Putumayo (Kayon Corp.)  
Upper King Street Design District

#### Other

Kite Foundation  
T-Mouse, L.L.C.

### Lowcountry Women with Wings... ..Rising Above Ovarian Cancer

Lowcountry Women with Wings has been established by Terry Scharstein, an ovarian cancer patient, in partnership with the Center for Women.

Women with Wings will provide education and support services to women diagnosed with ovarian cancer, their caregivers and families. The Center for Women will offer programs on legal, financial and family issues as well as individual counseling, support groups and an ongoing network of current patients/survivors to assist each other.

For more information or to make a donation go to our website at [www.c4women.org](http://www.c4women.org).



Volunteer bartenders Beth Stevenson and Nancy Green at Mad River Bar & Grill "Party with a Purpose" fundraiser on Thursday, July 24th.

### SAVE THESE DATES

Wednesday, November 12  
Noon to 1:30pm

**Women and Philanthropy Panel  
on Family Philanthropy**

Thursday, December 4  
6 to 8pm

**CFW Member-Only Holiday Party**



Terry Haas from HGTV's "Designed to Sell" will be sharing her success story at the Special "Speed" Networking Event at the Citadel Holliday Alumni House on Monday, November 17 at 6pm.

Registration \$10 CFW Members;  
\$15 Non-members

*"It was my first trip to the Center...that day draew a wonderful mix of women of all ages, backgrounds and experiences. I left feeling like I had connected with a great resource in town...one the puts Charlestonians like myself in touch with really cool, smart, informative and entertaining women."*